

Gülhane Medical Journal

ISSN: 1302-0471
e-ISSN: 2146-8052

Gulhane Med J September 2021 Volume 63 Issue 3

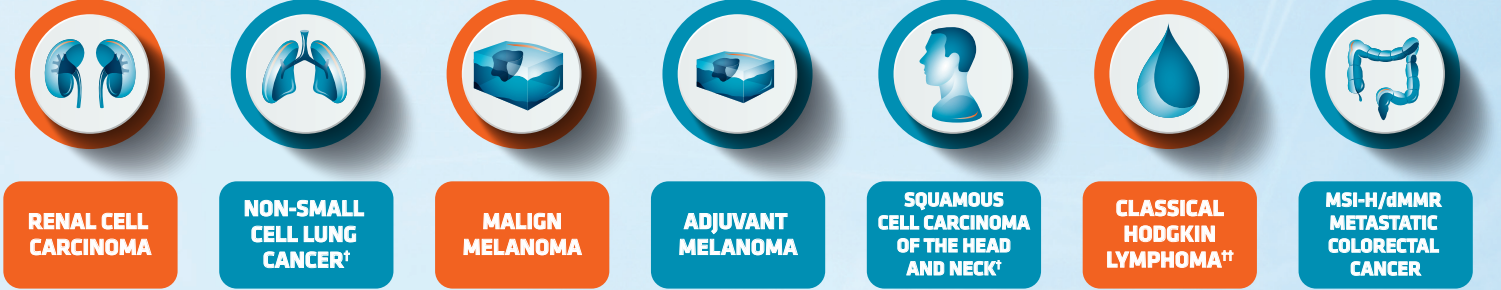


www.gulhanemedj.org

63/3



THE ONLY* IMMUNO-ONCOLOGICAL TREATMENT WITH APPROVED 7 DIFFERENT INDICATIONS IN TURKEY.¹⁻⁴



This medicinal product is subject to additional monitoring. This triangle will allow quick identification of new safety information. Healthcare professionals are expected to report any suspected adverse reactions to TÜFAM. See section 4.8 for how to report adverse reactions.

*The claim is based on the evaluation of information in summaries of product characteristics (SmPCs) of immuno-oncology agents licensed in Turkey (Opdivo® SmPC; Yervoy® SmPC; Pembrolizumab SmPC and Atezolizumab SmPC; last accessed 05/03/2021).

¹Metastatic. ²Relapsed/Refractory. **MSI-H**: Microsatellite instability-high. **dMMR**: Deficient Mismatch repair.

The indications highlighted in orange (Malignant Melanoma, RCC, cHL) have been added to the List of Reimbursable Medicines, based on Directive of 2018/1st Period of Medical and Economic Evaluation Commission.

Referanslar: 1. Opdivo® kısa ürün bilgisi. 2. Yervoy® kısa ürün bilgisi. 3. Pembrolizumab kısa ürün bilgisi. 4. Atezolizumab kısa ürün bilgisi.

OPDIVO® 40 mg/4 mL ve 100 mg/10 mL IV İnfüzyonluk Çözelti Konsantresi İçeren Flakon.

BİLEŞİMİ: Her 1 mL konsantrite 10 mg nivolumab içerir. 4 mL konsantrite içeren 1 flakon 40 mg ve 10 mL konsantrite içeren 1 flakon 100 mg nivolumab ve yardımcı madde olarak sodyum sitrat dihidrat, sodyum klorür, mannitol (E421), pentetik asit (dietilenetriaminpentaasetik asit), polisorbat 80, sodyum hidroksit (pH ayarlaması için), hidroklorik asit (pH ayarlaması için) ve enjeksiyonluk su içerir. **FARMAKOLOJİK ÖZELLİKLER:** Farmakoterapötik grup: Antineoplastik ajanlar, monoklonal antikorlar. ATC kodu: L01XC17. Nivolumab, programlanmış ölümlü (PD-1) reseptörüne bağlanan ve PD-1 ve PD-L2 ile etkileşimi bloke eden insan immüno globulin G4 (IgG4) monoklonal antikorudur (HuMAb). **ENDİKASYONLAR:** **Adjuvan Melanoma:** Monoterapi olarak tam rezeksiyon uygulanmış ve lenf düğümü tutulumu olan yetişkinlerde adjuvan tedavi için endikedir. **OPDIVO®** ile tedavi edilen hastalar, hastalık progresyonu halinde PD-1, PDL-1 ve CTLA-4 inhibitörünü kullanmazlar. Tedavi süresi 12 ay ile sınırlıdır. **Melanom:** Rezekte edilemeyen lokal ileri evre veya metastatik malign melanom olan ECOG PS 0-1 olan, daha önce PD-1 ve PD-L1 inhibitör tedavisi kullanmamış, birinci basamak kemoterapiyi takiben hastalık progresyonu göstermiş hastaların tedavisinde progresyona kadar kullanımı endikedir. **Renal Hücreli Karsinom (RHK):** Berrak hücreli karsinoma (berrak renal kanserli ileri evre) yetişkin hastalarda endikedir. Hastaların Karnofsky performans statüsü en az 70 olmalıdır. Daha önce bir veya iki basamak antijeneoik tedavi ve en fazla 3 basamak sistemik tedavi uygulanmış olması ve hastalık progresyonu görülmüş olmalıdır. **Klasik Hodgkin Lenfoma (cHL):** Nüks veya refrakter klasik Hodgkin Lenfoma görülen yetişkin hastalarda otolog kök hücre naklinin ve brentuksimab vedotin tedavisinden sonra monoterapi olarak endikedir. **Küçük Hücreli Dışı Akciğer Kanser (KHDK):** Performans durumu ECOG 0-1 olan, ve bilinen EGFR, ALK, ROS mutasyonu ve/veya semptomatik beyin metastazı olmayan, lokal ileri/metastatik küçük hücreli dışı akciğer kanseri (KHDK) olup, daha önce bir basamak kemoterapi kullanılmadığı veya progresyon gelişen hastaların tedavisinde, tekrar progresyona kadar kullanımı endikedir. (Bu hastaların tedavisinde tedavi öncesi veya sonrasında başka bir PD-1/PDL-1 inhibitörü kullanılmaz.) **Skuamöz Hücreli Baş ve Boyun Kanser (SHBK):** Opere edilemeyen lokal ileri evre kemoradyoterapi sonrası nüks gelişen veya metastatik baş boyun (oral kavite, farinks, larenks) yassı epitel hücreli kanserlerde birinci basamak platin temelli kemoterapi sonrası ilk 6 ay içerisinde nüks gelişen hastaların tedavisinde progresyona kadar kullanımı uygundur. **Mikrosatellit Instabilitesi Yüksek (MSI-H) veya Uyumsuzluk Olan Metastatik Kolorektal Kanser (mKRK):** Nivolumab, monoterapi olarak, bir fluoropirimidin, oksaliplatin ve irinotekan ile tedaviyi takiben progresyon gösteren mikrosatellit instabilitesi yüksek (MSI-H) ya da uyumsuzluk olan mikrosatellit (dMMR) olan metastatik kolorektal kanseri (mKRK) olan yetişkin hastaların tedavisinde endikedir. **POZDOLOJİ VE UYGULAMA ŞEKLİ:** **OPDIVO®** nun önerilen dozu 2 haftada bir 60 dakika intravenöz infüzyonla verilen 3 mg/kg'dır. Tedavi, klinik yarar gözlemlendiği sürece veya tedavi hasta tarafından artık tolere edilemeyece kadar sürdürülmelidir. **MSI-H/dMMR mKRK için,** monoterapi olarak önerilen **OPDIVO®** dozu, hastalık progresyonu veya kabul edilemez toksisiteye kadar 30 dakika süreyle intravenöz infüzyon olarak 2 hafta bir uygulanan 240 mg'dır. **OPDIVO®** sadece intravenöz yolla kullanıma yöneliktir. İnfüzyon, steril, pirojenik olmayan, 0.2-1.2 µm por boyutuna ve düşük protein bağlama oranına sahip bir in-line filtre ile uygulanmalıdır. İntravenöz "push" veya bolus enjeksiyon olarak uygulanmamalıdır. Gerekli toplam doz, doğrudan 10 mg/mL çözelti olarak infüzyonla verilebilir veya enjeksiyonluk 50 mg/mL sodyum klorür çözeltisi (%0.5) veya enjeksiyonluk 50 mg/mL glukoz çözeltisi (%5) ile 1 mg/mL'ye kadar seyreltilir. Geriatrik popülasyon: Yaşlı hastalarda (≥ 65 yaş) doz ayarlaması gerekli değildir. Küçük Hücreli Dışı Akciğer Kanser ve Skuamöz Hücreli Baş ve Boyun Kanser 75 yaş ve üzeri yaşlı hastalarda verilir bu popülasyona ilgili bir karar verilebilir (çin yeterli değildir). **OPDIVO®** 18 yaşın altındaki hastalarda kullanılmamalıdır. **KONTRENDİKASYONLAR:** Etkin madde veya yardımcı maddelerden herhangi birine karşı ağır duyarlılığı olanlarda kontrendikedir. **İSTENMEYEN ETKİLER:** Nivolumab, en sık immün bağlantılı advers reaksiyonlarla ilişkilendirilmiştir. Immün bağlantılı advers reaksiyonlar çoğu vakada uygun tıbbi tedaviyle çözülmüştür. Çeşitli tümör tiplerinde nivolumab 3 mg/kg monoterapi ile yapılan çalışmaların (n=2578) birleştirilmesi neticinde, en yaygın yan etki (≥ %10) yorgunluk (%30), doküntü (%17), pruritus (%13), diyare (%13) ve bulantı (%12). Advers reaksiyonların çoğu hafif ila orta şiddetlidir (Derece 1 veya 2). KHDK'de minimum 24 aylık bir izleme herhangi yeni bir güvenilirlik sinyali tespit edilmemiştir. Nivolumab kullanımı ile Klasik Hodgkin Lenfomada allojenik HSCT öncesi ve sonrası hızlı başlangıçlı CVHD bildirilmiştir. **KULLANIM UYARILARI VE ÖNLEMLERİ:** Nivolumab tedavisi sırasında veya tedaviden sonraki herhangi bir zamanda bir advers reaksiyon meydana gelebileceğinden, hastalar sürekli olarak izlenmelidir (son doz takiben en az 5 ay). Şüpheli immün bağlantılı advers reaksiyonlar için, etiyolojisi doğrulamak veya diğer nedenleri dışlamak için uygun değerlendirmeler yapılmalıdır. Advers reaksiyonun şiddetine dayanarak, nivolumab tedavisi kesilmesi ve kortikosteroidler uygulanmalıdır. Bir advers reaksiyon nedeniyle uygulanan kortikosteroid, iyileşme sonrasında en az 1 aylık sürede azaltılarak kesilmelidir. Dozun kısa sürede kesilmesi advers reaksiyonun kötüleşmesine veya tekrarlamasına yol açabilir. Kortikosteroid kullanımına rağmen kötüleşme görülün veya iyileşme görülmeyen hastalarda kortikosteroid dışında bir immünoşüpresif tedavi eklenmelidir. Hasta, immünoşüpresif kortikosteroid dozlarına veya da diğer immünoşüpresif tedavileri alırken **OPDIVO®** tedavisi yeniden başlatılmamalıdır. Immünoşüpresif tedavi alan hastalarda fırsatçı enfeksiyonların önlenmesi için profilaktik antibiyotikler kullanılmıdır. Herhangi bir şiddetli immün bağlantılı advers reaksiyonun tekrarlama veya yaşamı tehdit eden herhangi bir immün bağlantılı reaksiyon görülmesi durumunda, **OPDIVO®** tedavisi kalıcı olarak kesilmelidir. **Böbrek yetmezliği:** Popülasyon farmakokinetik (PK) sonuçlarına dayanarak, hafif ila orta şiddetli böbrek yetmezliği olan hastalarda dozun ayarlanması gerekli değildir. **Karaciğer yetmezliği:** PK sonuçlarına dayanarak, hafif karaciğer yetmezliği olan hastalarda dozun ayarlanması gerekli değildir. Orta ila şiddetli karaciğer yetmezliği olan bilirubin > 1.5 x ila 3 x üst normal sınır (ULN) ve herhangi bir AST) veya şiddetli (toplam bilirubin > 3 x ULN ve herhangi bir AST) olan hastalarda dikkatli şekilde uygulanmalıdır. **Gebelik ve laktasyon:** Gebelik kategorisi D. Emzirmenin bebeğe ve tedavinin anneye yarar dikkate alınarak, emzirmenin veya Nivolumab tedavisinin kesilmesi konusunda bir karar verilmelidir. Üreme yeteneği/fertilite: Nivolumabin fertilite üzerindeki etkilerinin değerlendirilmesi için çalışmalar yapılmamıştır. Nivolumabin erkek ve dişi fertilitesi üzerindeki etkisi bilinmemektedir. Araç ve Makine Kullanımı: Farmakodinamik özelliklerine dayanarak, Nivolumabin araç ve makine kullanma becerisini etkilemesi beklenmez. Yorgunluk gibi potansiyel advers reaksiyonları yol açabilmesi nedeniyle, hastalara **OPDIVO®** nun kendilerini ters bir şekilde etkilemediğinden emin olana dek araç veya makine kullanmaları konusunda dikkatli olmaları önerilmektedir. **Diğer tıbbi ürünler ile etkileşimleri ve diğer etkileşim şekilleri:** Nivolumab insana özgü bir monoklonal antikor olduğundan, farmakokinetik etkileşim çalşımları gerçekleştirilmemiştir. Monoklonal antikor sitotoksik P450 (CYP) enzimleri veya diğer ilaç metabolize eden enzimler tarafından metabolize edilmemektedir, eşzamanlı uygulanan ilaçlarla bu enzimlerin inhibisyonu veya induksiyonu Nivolumabin farmakokinetiğini etkilemesi beklenmez. Sistemik immünoşüpresyon: Farmakodinamik aktiviteyi etkileşim potansiyeli nedeniyle Nivolumaba bağlamadan önce, bağlanğıc sistemik kortikosteroidlerin ve diğer immünoşüpresanların kullanımından kaçınılmalıdır. Vire de, immün bağlantılı advers reaksiyonların tedavi edilmesi için Nivolumaba bağlandıktan sonra sistemik kortikosteroidler veya diğer immünoşüpresanlar kullanılabilir. Başlangıç sonuçları, **OPDIVO®** tedavisine bağlandıktan sonra sistemik immünoşüpresyon kullanımının, Nivolumaba verilen yanıtı bozmadığını göstermektedir. Geçmişlik çalşımları yapılmadığından, bu tıbbi ürün diğer tıbbi ürünlerle karıştırılmamalıdır. **OPDIVO®**, diğer ajanlarla aynı intravenöz hatta aynı zamanda infüze edilmemelidir. **DOZ AJSMİ:** Hastanın advers reaksiyon bulgu ve semptomları açısından yakından gözlemlenmesi ve uygun semptomatik tedaviye başlanması önerilir. **SAKLAMA KOŞULLARI:** 2 ° C - 8 ° C arasında buzdolabında saklayınız. Dondurmayınız. Işıktan korumak için orijinal ambalajında saklayınız. **RAF ÖMRÜ:** Açılmış flakon: mikrobiyolojik nedenlerle, açılan tıbbi ürün derhal infüze edilmeli ya da seyreltilerek infüze edilmelidir, hemen kullanılmaması halinde **OPDIVO®** nun ışıktan korunulduğunda 2 ° C - 8 ° C de kimyasal ve fiziksel kullanım için stabilitesinin 24 saat, oda ışığı altında 20 ° C - 25 ° C de ise en fazla 8 saat olduğu gösterilmiştir (toplam 24 saatlik süre) (toplam 24 saatlik süreden bir 8 saatlik periyoda ürünün uygulandığı periyot dahildir). **TICARİ TAKDİM ŞEKLİ VE AMBALAJ İÇERİĞİ:** **OPDIVO®** 40 mg/4 mL ve 100 mg/10 mL IV İnfüzyonluk Çözelti Konsantresi İçeren Flakon. Steril. Reçete ile satılır. **Fiyatı:** **OPDIVO®** 100 MG/10 ML IV İNFÜZYONLUK ÇÖZELTİ KONSANTRESİ İÇEREN FLAKON KDV Dahil Perakende Satış Fiyatı: 7788.13 TL **OPDIVO®** 40 MG/4 ML IV İNFÜZYONLUK ÇÖZELTİ KONSANTRESİ İÇEREN FLAKON KDV Dahil Perakende Satış Fiyatı: 1332.50 TL **Fiyat Onay Tarihi:** 20.02.2021. **Ruhsat Sahibi:** Bristol-Myers Squibb İlaçları İnc.İstanbul Şubesi, Sun Plaza No:5 Sarıyer- İstanbul. Ruhsat Tarihi ve No: 40 mg/4 mL IV. 19.04.2017 - 2017/257, 100 mg/10 mL IV. 19.04.2017 - 2017/256. **KÜÇÜK BÜL'ün Onay Tarihi:** 20.03.2019.

For more information and summary of product characteristics (SmPC), please visit www.bms.com/tr or contact Bristol Myers Squibb Medical Information Department by calling 0216 282 16 25 and/or sending an e-mail to medinfo.turkey@bms.com.

Gülhane Medical Journal

Gülhane Tıp Dergisi

Executive Editor-in-Chief

Cevdet ERDÖL, M.D., Prof.

Rector of the University of Health Sciences Turkey, Istanbul, Turkey

Editor-in-Chief

M. Ali GÜLÇELİK, M.D., Prof.

Dean of Gülhane Faculty of Medicine, University of Health Sciences Turkey, Ankara, Turkey
ORCID: orcid.org/0000-0002-8967-7303

Editors

Emre ADIGÜZEL, M.D., Assoc. Prof.

University of Health Sciences Turkey, Ankara City Hospital, Physical Medicine and Rehabilitation Hospital, Ankara, Turkey
ORCID ID: 0000-0002-2447-5065

Melih AKINCI, M.D., Prof.

University of Health Sciences Turkey, Gülhane Faculty of Medicine; Gülhane Training and Research Hospital, Clinic of General Surgery, Ankara, Turkey
ORCID ID: 0000-0001-8719-6584

Simel AYYILDIZ, DDS, Ph.D., Prof.

University of Health Sciences Turkey, Gülhane Faculty of Dentistry, Department of Prosthodontics, Ankara, Turkey
ORCID ID: 0000-0003-4679-0629

Muhammet ÇINAR, M.D., Assoc. Prof.

University of Health Sciences Turkey, Gülhane Faculty of Medicine; Gülhane Training and Research Hospital, Department of Internal Medicine, Division of Rheumatology, Ankara, Turkey
ORCID ID: 0000-0002-6150-3539

Sedat GÜRKÖK, M.D., Prof.

University of Health Sciences Turkey, Gülhane Faculty of Medicine; Gülhane Training and Research Hospital, Clinic of Thoracic Surgery, Ankara, Turkey

Ahu PAKDEMİRLİ, M.D., Ph.D., Assoc. Prof.

University of Health Sciences Turkey, Gülhane Faculty of Medicine, Department of Physiology, Ankara, Turkey
ORCID ID: 0000-0001-9224-3007

Selçuk SARIKAYA, M.D.

University of Health Sciences Turkey, Gülhane Training and Research Hospital, Clinic of Urology, Ankara, Turkey
ORCID ID: 0000-0001-6426-1398

Y. Alper SÖNMEZ, M.D., Prof.

University of Health Sciences Turkey, Gülhane Faculty of Medicine; Gülhane Training and Research Hospital, Clinic of Department of Endocrinology and Metabolism, Ankara, Turkey
ORCID ID: 0000-0002-9309-7715

İlker TAŞÇI, M.D., Prof.

University of Health Sciences Turkey, Gülhane Faculty of Medicine; Gülhane Training and Research Hospital, Department of Internal Medicine, Ankara, Turkey
ORCID ID: 0000-0002-0936-2476

Yusuf TUNCA, M.D., Prof.

University of Health Sciences Turkey, Gülhane Faculty of Medicine; Gülhane Training and Research Hospital, Department of Medical Genetics, Ankara, Turkey
ORCID ID: 0000-0001-6336-5371

Managing Editor

İlker TAŞÇI, M.D., Prof.

English Editing

Provided by Galenos for accepted articles

Editorial Board

İsmail Yaşar AVCI, M.D., Prof.

Hatice AYHAN, R.N., Assoc. Prof.

Tülay BAŞAK, R.N., Assoc. Prof.

Bilgin B. BAŞGÖZ, M.D., Asst. Prof.

Ahmet COŞAR, M.D., Prof.

Mehmet Ayhan CÖNGÖLOĞLU, M.D., Prof.

Fatma İlknur ÇINAR, R.N., Assoc. Prof.

Ali Hakan DURUKAN, M.D., Prof.

Berna EREN FİDANCI, R.N., Assoc. Prof.

Şefik GÜRAN, M.D., Prof.

Mesut GÜRDAL, M.D., Prof.

Ömer KARADAŞ, M.D., Prof.

Kazım Emre KARAŞAHİN, M.D., Prof.

Necdet KOCABIYIK, M.D., Prof.

Tarkan MUMCUOĞLU, M.D., Prof.

Mehmet İlkin NAHARCI, M.D., Prof.

Sinan ÖKSÜZ, M.D., Assoc. Prof.

Oktay SARI, M.D., Assoc. Prof.

Ayhan SAVAŞER, M.D., Prof.

Mustafa TUNCA, M.D., Assoc. Prof.

Dilek YILDIZ, R.N., Prof.

Gülhane Medical Journal is the official scientific publication of the Gülhane Faculty of Medicine, University of Health Sciences Turkey.

GÜLHANE MEDICAL JOURNAL
Gülhane Tıp Dergisi



Galenos Publishing House
Owner and Publisher
Derya Mor
Erkan Mor

Publication Coordinator
Burak Sever

Web Coordinators
Fuat Hocalar
Turgay Akpınar

Graphics Department
Ayda Alaca
Çiğdem Birinci
Gülşah Özgül

Finance Coordinator
Sevinç Çakmak

Project Coordinators

Aysel Balta
Duygu Yıldırım
Gamze Aksoy
Gülşah Akın
Hatice Sever
Melike Eren
Meltem Acar
Özlem Çelik
Pınar Akpınar
Rabia Palazoğlu

Research&Development
Nihan Karamanlı
Melisa Yiğitoğlu

Digital Marketing Specialist
Seher Altundemir

Publisher Contact

Address: Molla Gürani Mah. Kaçamak Sk.

No: 21/1 34093 İstanbul, Turkey

Phone: +90 (212) 621 99 25

Fax: +90 (212) 621 99 27

E-mail: info@galenos.com.tr • yayin@galenos.com.tr

Web: www.galenos.com.tr

Publisher Certificate Number: 14521

Printing at: Özgün Basım Tanıtım San. Tic. Ltd. Şti.

Yeşilce Mah. Aytekin Sok. Oto Sanayi Sitesi No: 21 Kat: 2

Seyrantepe Sanayi, Kağıthane, İstanbul, Türkiye

Phone: +90 (212) 280 00 09 Certificate Number: 48150

Printing Date: September 2021

ISSN: 1302-0471 E-ISSN: 2146-8052

International scientific journal published quarterly.

Gülhane Medical Journal

Gülhane Tıp Dergisi

About us

Gülhane Medical Journal (Gulhane Med J) is the official, scientific, peer-reviewed, international journal of Gülhane Faculty of Medicine, University of Health Sciences Turkey. The journal accepts submissions on all aspects of general medicine. Featured article types include original articles, case reports, reviews, and letters to the editor. The history of the Gülhane Medical Journal dates back to 1871 and it was named with its current title in 1999.

Reasons to publish with this journal:

- Electronic archive available since 2002
- Covers the broad field of medicine
- Double-blind, peer-review policy
- Published in both print and online versions
- Online early appearance with a doi number
- No fee of any type for submission or publication

The journal is published quarterly in March, June, September and December.

Processing and publication are free of charge with Gülhane Medical Journal. No fees are requested from the authors at any point throughout the evaluation and publication process.

All manuscripts must be submitted via the online submission system which is available through the journal's web page.

For authors submitting to Gülhane Medical Journal, it is recommended that authors follow the Uniform Requirements for Manuscripts Submitted to Biomedical Journals formulated by the International Committee of Medical Journal Editors (ICMJE).

Abstracting and Indexing

Gülhane Medical Journal is indexed in **Scopus, Ulakbim TR Index, CABI, Ebsco, Index Copernicus, OCLC Worldcat, Embase, J-Gate, Gale and Europub.**

Copyright Statement

Gülhane Faculty of Medicine owns the royalty and national and international copyright of all content published in the journal.

Material Disclaimer

The author(s) is (are) responsible for the articles published in Gülhane Medical Journal. The editor, editorial board and publisher do not accept any responsibility for the articles.

Open Access Policy

This journal provides immediate open access to its content on the principle that making research freely available to the public supports a greater global exchange of knowledge.

Open Access Policy is based on the rules of the Budapest Open Access Initiative (BOAI) <http://www.budapestopenaccessinitiative.org/>. By "open access" to peerreviewed research literature, we mean its free availability on the public internet, permitting any users to read, download, copy, distribute, print, search, or link to the full texts of these articles, crawl them for indexing, pass them as data to software, or use them for any other lawful purpose, without financial, legal, or technical barriers other than those inseparable from gaining access to the internet itself. The only constraint on reproduction and distribution, and the only role for copyright in this domain, should be to give authors control over the integrity of their work and the right to be properly acknowledged and cited.

This work is licensed under a Creative Commons Attribution-NonCommercialNoDerivatives 4.0 International License (<https://creativecommons.org/licenses/by-ncnd/4.0/>).

The journal is printed on an acid-free paper.

Publisher Corresponding Address

Galenos Yayınevi Tic. Ltd. Şti.

Address: Molla Gürani Mah. Kaçamak Sk. No: 21, 34093
Fındıkzade-İstanbul-Turkey

Phone: +90 212 621 99 25

Fax: +90 212 621 99 27

E-mail: info@galenos.com.tr



Gülhane Medical Journal

Gülhane Tıp Dergisi

Instructions to Authors

Gülhane Medical Journal (GMJ) is an international, multidisciplinary and peer reviewed journal for researchers and health-care providers. It is published four times a year, and accepts submissions in English. It is the official journal of the Gülhane Faculty of Medicine, University of Health Sciences Turkey.

GMJ follows the International Committee of Medical Journal Editors's (ICMJE) Recommendations for the Conduct, Reporting, Editing and Publication of Scholarly Work in Medical Journals. For authors submitting to GMJ, it is recommended that authors follow the Uniform Requirements for Manuscripts Submitted to Biomedical Journals formulated by the International Committee of Medical Journal Editors (ICMJE).

All submissions are evaluated through the online submission system via (<http://submit.gulhanemedj.org/login.php>). Following submission, all correspondence is sent by e-mail.

Accepted manuscripts are assigned a DOI number, and the content is freely available.

GMJ publishes in categories listed below;

1. Original article
2. Case report
3. Review article
4. Letter to the editor (and their responses)

Authors submitting their manuscripts should follow this guide for the authors. Editorial office may send the manuscript back in order to complete the standard requirements before proceeding for review.

Original articles should be designated either basic research or clinical research.

Review articles should include a summary and subheadings in the text to highlight the content of different sections. Authors are recommended to contact journal before submitting a review article in order to get a provision for review.

Case reports should present an actual patient case with a specific disease or condition.

Letters to the editor should be related to the articles published in the last four issues.

Below are the word limits applied by the GMJ, specific to manuscript types;

Type of article	Abstract	Word count*	Number of authors	Number of references	Table/figure
Original article	250	2000 to 5000	Unlimited	40	5
Review article	250	2000 to 4000	3	50	3
Case report	100	500 to 1000	5	15	2
Letter to the editor	-	250 to 500	3	5	-

*Excludes abstract, acknowledgments, conflict of interest statement, references, and tables; minimum and maximum word counts.

The authors must declare that their submitted article has neither been published in any journal, nor been simultaneously submitted to another journal. Presentations as an abstract at a scientific meeting is an exception but this should be declared in the cover letter.

The Methods section should include a statement indicating that the research was approved by an independent local, regional or national review body (e.g., ethics committee, institutional review board). If the study includes human subjects, the author should declare openly that the work described has been carried out in accordance with The Code of Ethics of the World Medical Association (Declaration of Helsinki) for experiments involving humans (link- <https://www.wma.net/policies-post/wma-international-code-of-medical-ethics/>), and Uniform Requirements for manuscripts submitted to Biomedical journals (link- <http://www.icmje.org/>). The name of the institution and the code of approval (i.e., approval number) must be provided. Authors should include a statement in the manuscript about informed consent obtained from their participants. According to the most recent regulations by the Turkish Academic Network and Information Center (ULAKBIM), the authors (s) of a case report must include a statement in their manuscript that written, informed consent was obtained from the patient.

Gülhane Medical Journal

Gülhane Tıp Dergisi

Instructions to Authors

GMJ follows the ICMJE's clinical trial registration policy for the clinical trials. Therefore, registration of clinical trials in a public trials registry at or before the time of first patient enrollment is a basic requirement in this journal. The name of the public registry and the code of approval should be included in the manuscript.

Animal experiments should comply with the standards as detailed by the [EU Directive 2010/63/EU](#) for animal experiments. Different or local regulations may apply provided that this is written in the manuscript and EU Directive is not violated.

Preparation of the manuscript

The text should be in simple, single-column format. Using MS word processor, Times New Roman font and 11- or 12-point font size should be chosen. The text and references should be double-spaced.

Importantly, the title page must be uploaded separately, no page breaks should be used and all pages should be numbered (below, centered) consecutively.

Abbreviations should be defined when first used in the text.

Units must be expressed following the international system of units (SI).

Uploading the Manuscript Submission Form (MSF) (found in online submission system) is mandatory for all submissions. MSF must be filled in English (typewriting is encouraged), signed by the corresponding author and scanned clearly.

Authors should make sure that a good layout is helpful throughout the review and publication process.

Cover Letter

All submissions should include a cover letter and complete contact information for the corresponding author. The authors must declare in this letter that their submitted article has neither been published in any journal, nor been simultaneously submitted to another journal. Whether the authors have published or submitted any related papers from the same study should be stated. Authors may also use this letter for confidential contact with the editor.

Title Page

All manuscripts should start with the title page. It should include; the title of the manuscript, full names, highest academic degrees, and affiliations of all authors including updates, name and complete contact information for the corresponding author, and manuscript word count (not including title, abstract, acknowledgments, references, tables, and figure legends). The title page should also include the "Acknowledgments" section, "Conflict of interest" statement, and information about the previous publications(s) as an abstract with the inclusion of authors list in the presentation. A sample of a title page can be found [here](#).

Abstract

It should be structured according to Aims, Methods, Results, Conclusions

Keywords

Up to six keywords should be included in the manuscript.

Main document

It should be divided into the following sections: Introduction; Methods; Results; Discussion.

A case report should be structured as follows; introduction, Presentation of Case, Discussion, Conclusion.

Acknowledgments (mandatory)

This section must include list of author contributions, credits, and other information. Author contributions must be listed in accordance with ICMJE authorship criteria. Funding must be described in detail including valid codes. Authors are responsible for the completeness of the information that should exist in the acknowledgement.

Gülhane Medical Journal

Gülhane Tıp Dergisi

Instructions to Authors

Conflict of Interest (mandatory)

Authors must disclose any conflict of interest related to their submission. This statement must include any financial, personal or other relationships within three years of beginning the submitted work. When there is no such relationship, the authors must type "The authors declared they do not have anything to disclose regarding conflict of interest with respect to this manuscript."

References

It is the authors' responsibility to maintain the accuracy and completeness of their references and for correct citation in the text.

References should be numbered and listed in the order they appear in the text. In the text, references should be identified using arabic numerals in parenthesis placed before the period. Up to six authors in a cited article all authors should be listed. When there are seven or more authors, the first three authors' names should be included followed by "et al.". The issue number must be included in journal references, and last page number must be typed in full.

Examples of reference style:

Galant SP, Komarow HD, Shin HW, Siddiqui S, Lipworth BJ. The case for impulse oscillometry in the management of asthma in children and adults. *Ann Allergy Asthma Immunol.* 2017;118(6):664-671.

Willeit K, Pechlaner R, Willeit P, et al. Association between vascular cell adhesion molecule 1 and atrial fibrillation. *JAMA Cardiol.* 2017;2(5):516-523.

Taichman DB, Sahni P, Pinborg A, et al. Data sharing statements for clinical trials: a requirement of the international committee of medical journal editors [published online June 6, 2017]. *Ann Intern Med.* doi: 10.7326/M17-1028.

World Health Organization. WHO Criteria for Diagnosis of Osteoporosis. <http://www.bonehealth.org/education/world-health-organization-criteria-diagnosis-osteoporosis/>. Accessed June 15, 2017.

Venables WN, Ripley BD. *Modern Applied Statistics With S*. 4th ed. New York, NY: Springer Publishing Co; 2003

Purnell L. Transcultural Diversity and Health Care. In: *Transcultural Health Care: A Culturally Competent Approach*. 4th ed. Philadelphia: FA Davis Company; 2012:7.

Tables

Tables should be numbered in the order of their citation in the text. Each table should have a brief title. Footnotes should also be used where needed. Each table should be uploaded as a separate word file.

Figures

Figures should be numbered in the order of their citation in the text. Each figure should have a brief title. Footnotes should also be used where needed. Each figure should be uploaded as a separate JPEG or TIFF file and should not exceed 1 MB in size.

Table and figure Legends

Use of brief legends (captions) for tables and figures is recommended. These can include explanation of the table or figure, markers and expansion of abbreviations. The legends should be uploaded as separate, word files.

GMJ encourages authors to use reporting guidelines such as CONSORT for Randomized Controlled Trial, PRISMA for Systematic Reviews or Meta-analyses of controlled trials, STARD for Diagnostic accuracy studies, and STROBE for Observational epidemiology studies.

Fees

GMJ offers entirely free publication. No page charges, article processing charge, or other are applied. The journal does not accept donations.

© 2018 Gülhane Medical Journal. All Rights Reserved.

Gülhane Medical Journal

Gülhane Tıp Dergisi

Peer Review and Ethics

Peer Review Policy

Gülhane Medical Journal is an independent, non-biased periodical publication that adheres to the double-blind peer-review process.

The manuscript evaluation process and ethical principals in this publication conform to the Recommendations for the Conduct, Reporting, Editing, and Publication of Scholarly Work in Medical Journals (ICMJE Recommendations) (<http://www.icmje.org>) and The Committee on Publication Ethics (COPE) (<https://publicationethics.org/>).

Submitted manuscripts are first evaluated for their scientific value by the managing editor. After the initial evaluation, an editor is assigned by the Editor-in-Chief. Each manuscript is sent to at least two reviewers by the assigning editor. Following review and the decision of the assigning editor, the Editor-in-Chief makes a decision. The procedure is the same for the initial submission and the revised manuscript. The whole evaluation process is aimed to be completed within 12 weeks. Where necessary, manuscripts are also evaluated by the statistics editor.

The dates of submission and acceptance are displayed on the first page of the accepted manuscripts.

The Editor-in-Chief and editors have the right to reject or return manuscripts to be revised for format or scientific content before the reviewer selection.

All queries should be sent to the editorial office via e-mail the following address: editor@gulhanemedj.org.

Withdrawal Policy

Withdrawal of a manuscript will be permitted only for the most compelling and unavoidable reasons. For withdrawal requests, authors need to submit an "Article Withdrawal Form", signed by all authors. The form is available at (<http://glns.co/vsw7j>). The submission of this form is not sufficient to complete the withdrawal procedure. The editorial office notifies the authors about the decision of the Editor-in-Chief.

In case the review process exceeds six months following editor assignment, the authors have the right to place a withdrawal request without any reason.

Ethical Considerations

Authors

Gülhane Medical Journal is committed to providing high-quality articles and upholds the publication ethics to advance the intellectual agenda of science. We expect the authors to comply with the best practice in publication ethics.

For experimental and clinical studies, approval by the ethical committee and a statement on adherence of the study protocol to the international agreements (Helsinki Declaration revised 2013 (<https://www.wma.net/policies-post/wma-declaration-of-helsinki-ethical-principles-for-medical-research-involving-human-subjects/>) are mandatory. In experimental animal studies, the authors should indicate that the procedures are in accordance with animal rights (Guide for the care and use of laboratory animals, www.nap.edu/catalog/5140.html) and they should obtain animal ethic committee approval.

The collected data cannot be shared with third-party persons, organizations or other affiliations. Patients' private data cannot be published.

The "Materials and Methods" should include sufficient information about the ethical approval along with its source and code. This section should also include the required statements that the study procedures conformed to the international standards of human and animal studies, and written, informed consent was obtained for each participant.

The declaration of the conflict of interest between the authors and institutions, and acknowledgement of any funding or financial or material support should appear at the end of the manuscript.

Editors and Reviewers

Editors and reviewers are required to report any potential conflict of interest with the submitting authors and their institutions.

Gülhane Medical Journal

Gülhane Tıp Dergisi

Peer Review and Ethics

Evidence of the following attempts is subject to sanctions in this journal:

Plagiarism: Republishing the data or intellectual material of someone else as one's own original work.

Fabrication: Publishing data and findings/results that do not exist.

Duplication (multiple publications): Publishing the same data or intellectual material more than once. Publication as an abstract presentation in a scientific meeting is outside this definition.

Salami publication/slicing: Publishing multiple articles by dividing the results of a single study preternaturally.

We use Crossref Similarity Check powered by "iThenticate" to screen all submissions for plagiarism before the review step and before the publication.

Author Contributions

In accordance with the ICMJE recommendations, contributions of all authors must be listed in the manuscript. Contributors who do not meet the criteria for authorship should not be listed as authors, but they should be acknowledged.

GÜLHANE MEDICAL JOURNAL
Gülhane Tıp Dergisi

Gülhane Medical Journal

Gülhane Tıp Dergisi

Contents

ORIGINAL ARTICLES

- 165** Assessment of relative position of infraorbital foramen in dry adult skulls and its clinical implication
Varalakshmi KL, Jyothi N. Nayak; Bangalore, India
- 170** The long-term outcomes of transcanalicular diode laser-assisted endoscopic dacryocystorhinostomy in isolated nasolacrimal duct obstruction
Mehmet Cem Sabaner, Orhan Kemal Kahveci, Reşat Duman, Mehmet Akif Erol, Ersan Çetinkaya, Kenan Yiğit, Güliz Fatma Yavaş, Rahmi Duman; Samsun, Afyonkarahisar, İzmir, Eskisehir, Antalya, Ankara, Turkey
- 175** Factors predicting recurrence in non-muscle invasive bladder cancers
Sezgin Okçelik, Halil Kızılöz, Muhammed Cihan Temel, Ramazan Acar; Afyonkarahisar, Nevşehir, Ankara, Turkey
- 181** The role of complete blood count parameters in distinguishing complicated and uncomplicated appendicitis
Talha Sarıgöz, Uğur Aydemir; Kayseri, Aksaray, Turkey
- 186** Factors affecting the caregiver burden following traumatic brain injury
Nihal Tezel, Ebru Umay, Aytül Çakıcı; Ankara, Turkey
- 193** Long-term results of patients treated with bronchoscopic lung volume reduction
Ahmet Çağın, Deniz Doğan, Cantürk Taşçı; Ankara, Turkey
- 200** Role of tumor necrosis factor- α , interleukin-1 β , interleukin-6 in liver inflammation in chronic hepatitis B and chronic hepatitis C
Arzu Şenol, Naci Ömer Alayunt, Özgen Arslan Solmaz; Elazığ, Usak, Turkey
- 205** Hematological indices in congenital male hypogonadism and the effects of testosterone replacement therapy: a retrospective study
İbrahim Demirci, Cem Haymana, Orhan Demir, Onur Akın, Coşkun Meriç, Aydoğan Aydoğdu, Alper Sönmez; Ankara, Osmaniye, Turkey
- 212** Lactate kinetics in intensive care unit admissions due to diabetic ketoacidosis
Gürhan Taşkın, Mahmut Yılmaz, Sercan Yılmaz, Hülya Şirin, Hakan Sapmaz, Saadetin Taşlıgil, İbrahim Sefa Güneş, Levent Yamanel; Ankara, Turkey
- 218** Assessment of association between ankle-brachial pressure index and pulse wave velocity in patients with isolated hypertension according to gender
Emre Tekgöz, Erhan Bozkurt, Kenan Sağlam; Ankara, Afyonkarahisar, Turkey

CASE REPORTS

- 225** Three-dimensional imaging of hemifacial microsomia: a case report
Anwesha Biswas, G. Subhas Babu, Shruthi Hegde, Vidya Ajila, Soundarya Sakthivel; Mangalore, India
- 229** Metastatic chorioretinal abscess: an unusual complication of pyogenic liver abscess
Gokul Krishnan, Sharath Madhyastha P., Raviraja V. Acharya, Sulatha Bhandary, Charan Thej Reddy; Manipal, India