Ureaplasma SPP and mycoplasma hominis in women of reproductive age with pelvic inflammatory disease

Dina Nuradilova¹, Lira Kaliyeva¹, Daiva Vaitkiene², Saltanat Kalimoldayeva³, Khasen Dasibekov⁴, Zbigniew Omiotek⁵, Teresa Małecka-Massalska⁶

(1) Asfendiyarov Kazakh National Medical University, Department of obstetrics and gynecology No. 2, Almaty, Kazakhstan

(2) Lithuanian University of Health Sciences, Department of obstetrics and gynecology, Kaunas, Lithuania

(3) State-owned public enterprise with right of economic jurisdiction "Regional diagnostics center", Clinical Diagnostics Laboratory, Almaty, Kazakhstan

(4) Regional clinical hospital, Almaty, Kazakhstan

(5) Lublin University of Technology, Faculty of Electrical Engineering and Computer Science, Lublin, Poland

(6) Medical University of Lublin, Department of Human Physiology, Lublin, Poland

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Corresponding Author:

Zbigniew Omiotek Lublin University of Technology, Faculty of Electrical Engineering and Computer Science, Lublin, Poland z.omiotek@pollub.pl

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ABSTRACT

Aims:To determine the prevalence of infections with species Ureaplasma species (SPP) and Mycoplasma hominis and the antibiotic sensitivity in women of reproductive age with inflammatory diseases.

Methods:2360 samples were investigated, obtained by urethral and cervical canal scrapings of reproductive age women with pelvic inflammatory disease in the clinical diagnostic laboratory of the Regional diagnostic center of Almaty. The cultivation, identification and susceptibility testing of urogenital mycoplasmas and ureaplasmas to 9 antibiotics were conducted with the use of commercial kits.

Results:Among 2360 tested samples total infection (isolated USPP, Mycoplasma hominis and mixed infection) was high (47.6%). The infection rate of Ureaplasma SPP was more than 30 times higher than the prevalence of Mycoplasma hominis (23.0% and 0.7%, respectively). Mixed infection was found in 23.8% of cases. Total infection of Ureaplasma SPP and Mycoplasma hominis was the highest in women aged 30-39 years (60.0%), less in women in the age group of 40-45 years (31.4%). Most active against Ureaplasma SPP and Mycoplasma hominis were tetracyclines. Indeed 94.1% of the isolated strains of Ureaplasma SPP and 98.2% of Mycoplasma hominis were sensitive to tetracycline. The doxycycline susceptibility of Ureaplasma SPP and Mycoplasma hominis was the highest (99.5% and 98.3%, respectively).

Conclusions: A high level of pefloxacin sensitivity allows to recommend this antibiotic to prescribe for women with pelvic inflammatory disease. In light of wide spread of strains of Ureaplasma SPP and Mycoplasma hominis, resistant to ofloxacin and macrolides, we do not suggest these antibiotics to treat the infections.

Introduction

Pelvic inflammatory disease (PID) does not only deteriorate the quality of women's life, but also reduces their fertility function. Currently many researchers believe the main etiological factor of PID are the urogenital infections, among which Ureaplasma SPP (USPP) and Mycoplasma hominis (MH) play a key role. According to many researchers, urogenital Mycoplasma and Ureaplasma are associated with inflammatory diseases of the genitourinary tract including pyelonephritis, cystitis, urolithiasis, and the risk of miscarriage, chorioamnionitis, postpartum and abortion fever (1-3).

Researchers have noted higher prevalence of Ureaplasma SPP than Mycoplasma hominis among the population (4-6). The role of Ureaplasma and Mycoplasma in the development of infertility is not fully understood. It is known that the USPP was detected more often than MH in the scrapings from the cervix of infertile women (7-9). According to most researchers, two infections by Chlamydia trachomatis and Ureaplasma SPP are directly associated with infertility (9,10).

The widespread use in the practice of polymerase chain re-

action (PCR) method has enhanced the ability of most laboratories to diagnose of ureaplasmosis and mycoplasmosis infections. But in some cases, when the infection continues to recur, despite the treatment, there is a need of determination of the sensitivity of microorganisms to antibiotics. Ureaplasma is extremely easily transmitted sexually and vertically from mother to fetus. The probability of this transmission reaches 90% (11). They are capable of adhesion to various cell types such as urethral epithelial cells, spermatozoa and erythrocytes (2,12). Mycoplasma is an atypical bacterium that does not have its own cell walls such as Ureaplasma. Mycoplasma hominis normally colonises the urogenital tract asymptomatically but it can provoke postpartum and postoperative infections of the genitourinary and respiratory systems (13).

Contamination during pregnancy may lead to chorioamniotic pregnancy complications and neonatal infection (14). In many cases USPP and MH are not diagnosed due to the lack of symptoms, the antibacterial effect of semen and cultivation difficulties (3,9). Urogenital mycoplasmas and ureaplasmas were isolated in a special class of Mollicutes due to their unique properties that distinguish them from most bacteria. These

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properties are the following: very small sizes, close to the size of viruses, lack of a rigid cell wall, polymorphism of cells (15). The most frequently USPP and MH are identified in genitalia and they grow well on nutrient medium. Therefore, in order to diagnose them, in most cases the culture method is used. It allows not only estimation of the number of microorganisms in the material under study, but also their susceptibility to antibiotics. It is considered that concentration of 104 microbes in one gram of a sample has diagnostic value. Lower concentration can be defined in healthy people (16,17). Urogenital mycoplasmas and ureaplasmas are passed by sexual contact and passage of the fetus through the infected genital tract of the mother. The mycoplasmas' growth is suppressed by tetracyclines, fluoroquinolones and macrolides. Mycoplasmas and ureaplasmas are resistant to antibiotics that suppress the synthesis of cell wall components (penicillins, rifampicines) (16). In this regard, we undertook testing with the use of commercial kits for the cultivation, identification and susceptibility of urogenital mycoplasmas and ureaplasmas to antimicrobial agents. The aim of the study was to determine the prevalence and antimicrobial sensitivity of Ureaplasma SPP and Mycoplasma hominis in reproductive age women with pelvic inflammatory disease.

Methods

The research work has passed a local ethical examination at Asfendiyarov KazNMU, research protocols #179 from 04/29/2015 and #345 of 04/05/2016, as the conclusion on approval by the local ethical commission is valid for one year.

Under the conditions of diagnostic laboratory of the Regional Diagnostic Centre of Almaty, 2360 samples (one sample from each woman) of biological material were investigated, obtained by scraping from the cervical canal and urethra of reproductive-aged women (from 17 to 45 years) with pelvic inflammatory disease. For clinical case of PID, isolated disease of the upper sections of the reproductive tract (cervicitis, endometritis, salpingitis, pyosalpinx, tubo ovarian abscess pelvic peritonitis) or any combination of them was taken.

Cultivation. The kit for cultivation, identification and susceptibility of USPP and MH to antibiotics is an 18-well system containing dried biochemical substrates and antibiotics. Commercial kits Mycoplasma System Plus are produced by the company Liofilchem, Italy and are available on the market. The system provides a semiquantitative assessment of the presence of urogenital mycoplasmas and ureaplasmas.

Identification. Biomaterial was placed in a special nutrient medium Mycoplasma Transport Medium immediately delivered to the laboratory. Next, the cooled samples were examined within 48 hours. Semi-quantitative counting of the urogenital USPP and MH was provided by a colour change from yellow to red in the wells: 1-GR+ (growth of the microorganism in the titer

from 102 to 104 CFU/mI); 2-GR++ (104<titre<105 CFU/mI); 3-GR+++ (titre>105 CFU/mI). The presence of Mycoplasma hominis was confirmed using arginine test and the presence of Ureaplasma SPP – with a urea test. Mycoplasma metabolises arginine from the culture medium during the growth. In these conditions, the colour of the 4-ADC well varies from yellow to red. Ureaplasmas at cultivation consume urea, and colour of the small 5-UR well turns red from yellow.

Study of susceptibility to antibiotics. System of microorganisms' sensitivity determination to antibiotics consists of 9 antibiotics in two concentrations (tetracycline 4 mg/l and 8 mg/l, pefloxacin 8 mg/l and 16 mg/l, ofloxacin 1 mg/l and 4 mg/l, doxycycline 4 mg/l and 8 mg/l, erythromycin 8 mg/l and 16 mg/l, clarithromycin 8 mg/l and 16 mg/l, minocycline 4 mg/l and 8 mg/l, clindamycin 4 mg/l and 8 mg/l; azithromycin 4 mg/l and 8 mg/l). Sensitivity and resistance of microorganisms were assessed at three levels: S - sensitive (colour of the well is yellow); I - intermediate-sensitive (colour of the well - orange) and R-resistant (colour of the well - red). Before the procedure for taking the biomaterial, informed consent was obtained in advance from all the women surveyed. Statistical analyses were performed by using the statistical software package SPSS version 15 for Windows (SPSS Inc., Chicago, IL, USA). P-value of less than 0,05 was considered to indicate a statistically significant difference. A P-value of less than 0.05 was considered to indicate a statistically significant difference and all statistical calculations and analyses were performed using the statistical software package SPSS (version 15; Statistical Package for the Social Sciences, Chicago, USA).

Results

All the samples of biomaterial were examined for the presence of Ureaplasma SPP, Mycoplasma hominis and mixed infection. In case of detection of these infections, the sensitivity of microorganisms to antibiotics was conducted. Ureaplasma SPP was detected in 543 of 2360 examined women, that is 23.0% of the total number of patients. Mycoplasma hominis was identified less frequently – in 0.7% of cases (17 women). The mixed infection of Ureaplasma SPP + Mycoplasma hominis was detected in 563 women, i.e. 23.8% of the total number of examined patients. In general, 47.6% (1123 samples) of women tested showed the presence of infection. The level of USPP infections was significantly higher than the level of MH infection (23.0% and 0.7% respectively). The mixed infection prevalence (23.8%) practically did not differ from the prevalence of isolated USPP (23.0%).

The analysis of infection prevalence in various age groups of women with PID is shown in Table 1. The highest overall infection rate was observed in the age group 30-39 (60.0%), which is significantly higher than in other age groups (P < 0.05), whereby USPP in women of 30-39 years of age was found in

| Table 1. Prevalence of Oreaplasma SPP and Mycoplasma nominis among women with pervici mnam | ammatory disease. |
|--|-------------------|
|--|-------------------|

| Ages of the examined | Test results (%) | | | | |
|----------------------|------------------|-------------|-----------------|--------------|--------------|
| | U.SPP+ | M. hominis+ | Mixed infection | Positive | Negative |
| under 20 | 10 (23.2%) | 0 (0.0%) | 11 (25.6%) | 21 (48.8%) | 22 (51.2%) |
| 20-29 | 306 (24.6%) | 10 (0.8%) | 162 (13.0%) | 478 (38.4%) | 767 (61.6%) |
| 30-39 | 210 (20.8%) | 7 (0.7%) | 386 (38.5%) | 603 (60.0%) | 402 (40.0%) |
| 40-45 | 17 (25.4%) | 0 (0.0%) | 4 (6.0%) | 21 (31.4%) | 46 (68.6%) |
| Total | 543 (23.0%) | 17 (0.7%) | 563 (23.8%) | 1123 (47.6%) | 1237 (52.4%) |

20.8% of cases; MH – in 0.7%. Mixed infection was the most frequently identified in this age group (38.5%). The prevalence of USPP, MH and mixed infections among women under 20 and in 20-29 age group was 48.8% and 38.4%, respectively.

The level of USPP infection among women younger than 20 (23.2%) and in the age group 20-29 (24.6%) was slightly different. MH was not found among women under 20. Mixed infection was much more common in the age group up to 20 (25.6%) than in women aged 20 to 29 (13.0%) (P < 0.05). However, a small number of samples in the age group up to 20 (43) compared to women of the age group from 20 to 29 (1245) does not allow to make firm conclusions. The age group of women from 40 to 45 years old was also small (67 people). The mixed infection rate in this group was 6.0% and was the lowest in comparison with other age groups (P < 0.01).

Isolated USPP was found in 25.4% of the samples. MH was not demonstrated among 40-45-year-old women. The research results of the infectious agents' susceptibility to antibiotics are presented in Table 2. The greatest antimicrobial activity was demonstrated by antibiotics from the tetracycline group. Thus, the Ureaplasma in 94.1% and Mycoplasma in 98.2% of women showed susceptibility to tetracycline. In mixed infection, antimicrobial susceptibility to tetracycline was confirmed in 89.2% of women. Susceptibility to doxycycline was even higher (USPP in 99.5%, MH in 98.3%, in case of mixed infection in 90.6%). The level of susceptibility of microbes to minocycline was slightly lower (87.5%, 78.4% and 68.1% respectively).

The antimicrobial susceptibility of agents to fluoroquinolones (ofloxacin, pefloxacin) was significantly lower, especially in the case of mixed infection. More than half of the mixed-infection strains were insensitive to ofloxacin (51.8%). However, susceptibility of isolated mycoplasmas, ureaplasmas and mixed infections to macrolides was the lowest. Thus, half of the USPP strains appeared to be insensitive to clarithromycin and 59.4% of USPP samples were resistant to clindamycin. Sensitivity of ureaplasmas to erythromycin (61.6%) and azithromycin (63.3%) was slightly higher. Susceptibility of urogenital mycoplasmas to macrolides was minimal – to clarithromycin in 38.4%, clindamycin in 27.9%, to erythromycin in 24.3%, and to azithromycin in 15.6% of the examined women. The strains with full resistance to all 9 antibiotics (5 women, i.e. 0.2% of the total number of examined) gives cause for concern.

Discussion

At present, the pathogenic role of mycoplasmas and ureaplasmas has not been entirely clarified. But when there are clinical manifestations of the inflammatory process in the genitourinary organs, impaired fertility, miscarriages, premature births, innidiation of newborns, antibiotics (tetracyclines, fluoroquinolones, macrolides) are prescribed. According to various authors, 40 to 80% of clinically healthy women are carriers of USPP (17-19). The results of our study showed the presence of isolated USPP in 23.0% of women of reproductive age with PID and 47.6% of women with mixed infection (USPP+MH). It showed highest percentage among women under 20 (48.8%) and in women of 30-39 years of age (60.0%). Mixed infection (USPP + MH) was also diagnosed in this group (38.4% of the examined women). Isolated USPP infection was found out approximately at the same frequency in different age groups. Some researchers report the same prevalence in women of USPP and MH irrespective of their region of residence (5,9,10). In the women surveyed, there was a clear predominance of USPP (23.0%). MH was identified only in 0.7% of the examined women. Rodrigues R. et al. found that 47.6% of women with infertility had pathogens of urogenital infections, including 12.9% of Chlamydia trachomatis, 23.5% of Ureaplasma SPP, 4.8% of Mycoplasma hominis, and Chlamydia trachomatis and USPP were directly related to infertility (20).

The study of antibiotic susceptibility showed that most strains of USPP and MH are susceptible to three antibiotics of the tetracycline series (doxycycline, tetracycline, minocycline) and to one antibiotic from the group of fluoroquinolones - pefloxacin. According to the results of our research pefloxacin is preferable to prescribe in USPP or MH infection. In case of mixed infection, the third of the strains was resistant to it. Using macrolides in treatment of USPP and MH is inexpedient; this concerns especially MH and mixed infection. About 90% of samples containing mixed infection appeared to be resistant to macrolides. Thus, despite a wide arsenal of Ureaplasma SPP and Mycoplasma hominis laboratory identification methods (cultural, antigen identification, immunofluorescence test, polymerase chain reaction, antibody detection), we consider that cultivation of mycoplasmas and ureaplasmas with determination of sensitivity to antibiotics is very important in an optimum antibiotic therapy.

Data on the prevalence of urogenital mycoplasmas and

| Antibiotics | U. SPP (%) | M. hominis (%) | Mixed infection (%) |
|----------------|------------|----------------|---------------------|
| Tetracycline | 94.1 | 98.2 | 89.2 |
| Doxycycline | 99.5 | 98.3 | 90.6 |
| Minocycline | 87.5 | 78.4 | 68.1 |
| Ofloxacin | 69.8 | 74.6 | 48.2 |
| Pefloxacin | 83.1 | 90.2 | 67.1 |
| Erythromycin | 61.6 | 24.3 | 10.6 |
| Clarithromycin | 50.1 | 38.4 | 27.5 |
| Clindamycin | 40.6 | 27.9 | 16.0 |
| Azithromycin | 63.3 | 15.6 | 12.8 |
| | | | |

Table 2. The antibiotic susceptibility of Ureaplasma SPP and Mycoplasma hominis (isolated and mixed infection) in women with pelvic inflammatory disease.

ureaplasma are contradictory. Most authors indicate a higher prevalence among the population Ureaplasma SPP than Mycoplasma hominis (4-6,14,17). Thus, according to various authors, from 40 to 80% of clinically healthy women of reproductive age are carriers of USPP (16-19). At the same time, some researchers point to an approximately equal level of infection of women USPP and MH, regardless of the region of residence (9,10,20). In contrast, the results of our study demonstrate a multiple (more than 30 times) excess infection of USPP women with PID than MH. According to Russian authors, in the proportion of samples positive for urogenital infections received from women with PID, the proportion of USPP was 54.6%, while MH - 5.1%. Consequently, the excess was not so significant (more than 10 times) (21). The proportion of women with vaginal colonisation of MH increases after puberty and depends on the number of sexual partners. This was demonstrated in a study in which the genital colonisation of MH was detected in only 1 out of 91 women who had no sexual activity. At the same time, MH was identified in 15 out of 97 women with more than four sexual partners (22).

Until now, the role of USPP and MH in the etiology of infertility has not been fully clarified. Many authors believe that Chlamydia trachomatis and USPP are directly involved in the case of subclinical infection and tubal peritoneal infertility (7-8). According to Witkin et al. (21), it is USPP, not MH, that is found in the cervical scrapes of most women with infertility. Until now it has not been possible to statistically confirm the relationship between MH and infertility. But infection with MH during pregnancy can lead to chorioamniotitis, complications of pregnancy and to neonatal infection (3). Studies of the sensitivity of USPP and MH to antibiotics are not so numerous. Individual researchers note a combination of high sensitivity of USPP and MH to doxycycline and complete resistance to tetracycline (23).

Conclusions

The results of our study of the antibiotic susceptibility of USPP and MH indicate high efficacy of both tetracycline and doxycycline, but sensitivity to doxycycline was more frequent (in the case of isolated USPP and MH, 99.5% and 98.3%, respectively; in cases of mixed infection – 90.6 %). As the most active antibiotics against USPP and MH, some authors call doxycycline from among the antibiotics of the tetracycline series and josamycin from macrolides. But recently, most researchers note a high proportion of strains of USPP and MH, resistant to macrolides (josamycin, clarithromycin and erythromycin). The results of our studies showed that the most active against USPP and MH were tetracyclines and pefloxacin. A high proportion is noted of USPP and MH resistant to ofloxacin and macrolides.

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DN directed the study, collected the data and contributed the writing of the manuscript. LK designed the study. DV analyzed the study results and contributed the revision of manuscript. SK performed microbiological research and contributed the writing of the manuscript. KD collected the data. ZO performed the statistical analysis of the data. TM-M reviewed the study results.

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Conflict of interest

On behalf of all authors, the corresponding author states that

there is no conflict of interest.

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